ERGONOMICS EVALUATION TRAINING FOR VOC REHAB PRACTITIONERS

Ergonomics Evaluation for vocational rehabilitation practitioners (EE VR) is utilised to evaluate the job design and methods, the work environment and the individual’s performance of work tasks in order to identify areas of concern related to health ergonomics, productivity and efficiency. This course has been developed to allow the participant to gain knowledge and skills in the provision of objective and defensible ergonomic evaluations. The course uses both theory and the practical application of various ergonomic methods and evaluation tools to build on your existing knowledge and skills. The course will provide you with the tools to carry out evaluations in both the sedentary and manual work environment, and to assess both individuals and work processes.

The course will also introduce you to participatory/corporate ergonomics and describe how you can use these skills in supporting your client to return to or stay at work. One aspect of this is being able to be clear how The Equality Act provides support for workplace accommodations and this aspect will also be covered.

TRAINER & COURSE FORMAT

3 days of theory and practical training provided by Anne Byrne, who is an occupational therapist with extensive experience and expertise in ergonomics evaluation. Anne took her first ergonomic course in 1987 and did postgraduate training in ergonomics at the University of Michigan, Centre for Ergonomics in 1993 and was taught by such renowned ergonomics experts as Snook, Armstrong, and Chaffin. Anne currently provides ergonomic evaluations across the UK to a wide range of employers and industries and has been instrumental in improving working practices for employees by providing advice on the risks and solutions to managers.

The EE VR training will include a visit to a local employer, which will allow participants to apply theoretical knowledge directly in an industrial setting.

COMPETENCY & SKILLS DEVELOPMENT

- Understand what ergonomics is and where it fits within your VR/OH practice
- Understand the relationship between work design, work tasks and the capacity of the worker
- Identify the main risk factors that affect worker safety, productivity and efficiency
- Gain an understanding of anthropometrics and the natural limitations of the human body and worker capacity
- Introduction to objective evaluation tools such as the QEC, RULA, REBA, ROSA, MAC, ART, NIOSH Lifting Evaluation, Strain Index, Liberty Mutual tables.
- Understand the process ergonomics evaluation, what needs to be assessed, what data to gather, the analysis and report building
- Evaluate the risk using selective objective evaluation tools
- Be able to prioritise ergonomic concerns
- Learn how to identify and develop solutions/strategies to minimise the risk
• Use the EE to assist in supporting job retention, return to work options and accommodation of limited capacity/disability in the worker

**WHAT YOU WILL BE ABLE TO DO:**

Following the completion of the 3 days training you will have the paperwork, knowledge and skills to be able to implement ergonomics evaluation in your practice.

Please e-mail training@weareobair.com or call 0845 094 9811 to express interest for further information and a registration form.